PSHE/SRE Overview

National Curriculum Coverage, Progression in Skills and Knowledge and Supporting Resources/Schemes of Work

EYFS

	3 & 4-year-olds will be learning to:	Children in Reception will be learning to:	ELG
PSED	 Develop their sense of responsibility and membership of a community. 	 See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. 	 Building Relationships Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.
Understanding the World	 Begin to understand the need to respect and care for the natural environment and all living things. Continue developing positive attitudes about the differences between people. 	 Understand that some places are special to members of their community. Recognise that people have different beliefs and celebrate special times in different ways. 	People Culture and Communities Now some similarities and differences between different religious and cultural communities in this country, drawing on their experiences and what has been read in class.

Consent							
Autumn	Spring	Summer					
My body is mine	Pants	Safe secrets and surprises					
Speak out stay safe							

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50 things	British Values & Protective Characteristics	Schemes/Resources/ Texts
Autumn		H1. about what keeping	What does healthy mean?	Healthy means to be in a	Healthy	Healthy Lifestyle		Eat Well Plate
		healthy means; different		good physical or mental	Physical			
Castles		ways to keep healthy	How can we stay healthy?	condition.	Mental	Cooking Lessons		
					Balanced Diet			
What helps		H2. about foods that support	What foods do we need in our	To stay healthy, we need	Sleep			
keep bodies		good health and the risks of	diet to stay healthy?	to eat a balanced diet and	Heart			
healthy;		eating too much sugar		get a good night's sleep.	Exercise			
neartify,			How does physical activity help		Pumping			
Llugiono		H3. about how physical	us to stay healthy?	Doing exercise often helps	Active			
Hygiene		activity helps us to stay		us to feel great and keep	Balanced Diet			
routines		healthy; and ways to be	How can we stop spreading	our bodies strong. Our	Fruit			
		physically active everyday	germs?	heart needs to be kept	Vegetables			
Keeping safe			_	active and pumping.	Hygiene			
around		H5. simple hygiene routines	How can people feel?		Clean			
household		that can stop germs from		We should aim to eat 5	Tidy			
products;		spreading	Can you name different	portions of fruit and veg a	Household			
,			feelings?	day.	Products			

	1144 shout different feelings	T	T	Labala		
how to ask for	H11. about different feelings			Labels		
help if	that humans can experience	How can you share your	Personal hygiene is how			
worried.		feelings?	we look after our bodies.			
	H12. how to recognise and		Keeping ourselves clean			
	name different feelings	How can feelings affect	and tidy makes us feel			
		people's bodies?	better about ourselves			
	H13. how feelings can affect		and also keeps us, and			
	people's bodies and how	Who can we share our feelings	those around us,			
	they behave H14. how to	with?	healthier!			
	recognise what others might	with.	Treditiner:			
	be feeling.	How can we keep safe at	Brushing properly			
	be reening.	· ·				
		home?	removes plaque. Plaque			
	H16. about ways of sharing		can cause cavities,			
	feelings; a range of words to	How can we keep safe in	toothache, gum disease			
	describe feelings	familiar and unfamiliar settings?	and even our teeth to fall			
			out!			
	H30. about how to keep safe					
	at home (including around		Washing our hands with			
	electrical appliances) and		clean, warm water and			
	fire safety (e.g. not playing		soap will kill off the germs			
	with matches and lighters)		and keep our hands clean.			
	With materies and lighters)		and Reep our names eleum			
	H31. that household					
	products (including					
	medicines) can be harmful if					
	not used correctly					
	H32. ways to keep safe in					
	familiar and unfamiliar					
	environments (e.g. beach,					
	shopping centre, park,					
	swimming pool, on the					
	street) and how to cross the					
	road safely					
Consent	R13. to recognise that some	Who does your body belong to?	It is my body and my	Serious		Twinkl life planning
My body my	things are private and the		choice.	Problems		My Body my business
business	importance of respecting	What should you do if you feel		Scared		
business	privacy; that parts of their	unsafe or worried about	What is under your pants	Help		Speak out Stay safe
None	body covered by underwear	something?	is private always.	Choice		planning - NSPCC
NSPCC – speak	are private			Secret		promise and the
out stay safe	R16. about how to respond if		It is very serious if an	surprise,		
	physical contact makes them		adult hurts you or unkind	permission		
	feel uncomfortable or		to your body.	consent		
			to your body.			
	unsafe			contact		
	R17. about knowing there			touch		
	are situations when they			safe		
	should ask for permission			unsafe		
	and also when their			uncomfortable		
	permission should be sought					
	R18. about the importance					
	of not keeping adults'					
	secrets (only happy surprises					
	that others will find out					
	about eventually)					
	R20. what to do if they feel					
	unsafe or worried for					
	themselves or others; who					
	themselves of others, will					

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		to ask for help and					
		vocabulary to use when					
		asking for help; importance					
		of keeping trying until they					
		are heard					
		H10. about the people who					
		help us to stay physically					
		healthy					
		Ticality					
Oroge	Discussion: Are we allowed to talk about all for	andings we have?					
Oracy	Discussion. Are we allowed to talk about all in	eemigs we nave:					
opportunities							
for Autumn							
term							
Spring		H21. to recognise what	What makes us special?	We are part of God's	Unique	Respect	
' "		makes them special	·	family.	God		
Eco-warriors			What is love?	,	Family		
LCO-Walliols		H22. to recognise the ways		We are all special and	Special		
		in which we are all unique	What does unique mean?	unique in God's eyes.	Like		
		William we are all allique	Triac aces arrique mean;	anique in God 3 cycs.	Dislike		
We meet		H22 to identify what they	How are we all watered				
God's love in		H23. to identify what they	How are we all unique?		Improve		
our family		are good at, what they like			Love		
our running		and dislike	What are you good at?		Family		
					Care		
			What do you like doing?				
			What do you not like doing?				
			What can you improve on?				
Consent		Understand and learn the	What does PANTS stand for?	Privates are Private	Penis		NSPCC PANTS planning
PANTS		PANTS rules			Vagina		
I AITIS		Name body parts and know	What is meant by good touch?	Always remember your	Good touch		Letter to parents
		which parts should be	The second sec	body belongs to you	Bad touch		
		private	What is meant by bad touch?	body belongs to you	Trusted adult		
		Know the difference	What is incarre by bad toden:	No means no	Secrets		
				No means no	Worried		
		between appropriate and		Tally about accusts that	I		
		inappropriate touch		Talk about secrets that	uncomfortable		
		Understand that they have		upset you			
		the right to say "no" to					
		unwanted touch		Peak up, someone can			
		Start thinking about who		help			
		they trust and who they can					
		ask for help.					
Oracy	Presentation: I am unique!						
opportunities							
for spring							
term							
		L1. about what rules are,	What is our environment?	The environment is	Environment	Successful	David Attenborough
Summer		-	winat is our environment;		I I	Juccessiul	_
		why they are needed, and	How can we look offer our	everything which	Money	High Daid ichs	(Believes and ages)
Incredible		why different rules are	How can we look after our	surrounds us.	Saving	High Paid jobs	
India		needed for different	environment?		Spending		
		situations		We can look after the	Recycle	David	
Looking after			What are rules?	environment by recycling,	Reduce	Attenborough	
_		L2. how people and other	Why do we need to follow	reusing and reducing	Reuse	(Believes and	
the		living things have different	rules?	waste.	Responsibilities	ages)	
environment		needs; about the			Caring		
					Amount		
	I.	1	1	1	<u> </u>	ı	1

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Where money		responsibilities of caring for	How can we look after different	We can make people	Rules		
comes from;		them	people?	aware of what our	Different		
how to use				responsibilities are.	Needs		
money; saving		L3. about things they can do	What are responsibilities?				
and spending		to help look after their		Saving means to keep a			
-		environment	What responsibilities do you	certain amount aside.			
money			have to care for our				
			environment?				
Consent		R13. to recognise that some	What types of things should I	I know what I can share	Secret		Pants Puzzles
Safe secrets		things are private and the	share with others or keep	and what I should keep	Surprise		
and surprises		importance of respecting	private from them?	private to keep myself	Private		The Underwear Rule
•		privacy; that parts of their		and others' safe.	Safe		Activity Sheet
		body covered by underwear	What can I do if I feel unsafe or		Unsafe		
		are private	uncomfortable in a situation?		comfortable		Twinkl life planning –
		R16. about how to respond if			uncomfortable		Safe secrets and
		physical contact makes them			share		surprises
		feel uncomfortable or			respect		
		unsafe			privacy		
		R18. about the importance			pressure		
		of not keeping adults'			permission		
		secrets (only happy surprises			consent		
		that others will find out			help		
		about eventually)					
		R19. basic techniques for					
		resisting pressure to do					
		something they don't want					
		to do and which may make					
		them unsafe					
		R20. what to do if they feel					
		unsafe or worried for					
		themselves or others; who					
		to ask for help and					
		vocabulary to use when					
		asking for help; importance					
		of keeping trying until they					
		are heard					
Oracy	Everyone's an expert: Ways to protect our env	vironment					
opportunities							
for summer	The group will have a topic to look at. Each me					-	
term	will have it and will use that to fuel the discuss	sion You can differentiate to di	tterent ability levels so everyone ca	an access some information.	Each member of the group will have some	ething different to ac	dd to discussions.

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50 things	British Values & Protective Characteristics	Schemes/Resources/ Texts
Autumn		H1. about what keeping	What does healthy mean?	Healthy means to be in a	Healthy	Healthy Lifestyle	Amelia Earhart-female	Emma Jane's
		healthy means; different		good physical or mental	Physical		pilot	Aeroplane
Transport-		ways to keep healthy	How can we stay healthy?	condition.	Mental	Rethink Food		
History of					Balanced Diet			I am Amelia Earhart
Aviation					Sleep			

Healthy Lifestyles	H2. about foods that support good health and the risks of eating too much sugar H3. about how physical activity helps us to stay healthy; and ways to be physically active everyday H5. simple hygiene routines that can stop germs from spreading H13. how feelings can affect people's bodies and how they behave H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters) H31. that household products (including medicines) can be harmful if not used correctly H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely	What foods do we need in our diet to stay healthy? How does physical activity help us to stay healthy? How can we stop spreading germs? How can we keep safe at home? How can we keep safe in familiar and unfamiliar settings?	To stay healthy, we need to eat a balanced diet and get a good night's sleep. Doing exercise often helps us to feel great and keep our bodies strong. Our heart needs to be kept active and pumping. We should aim to eat 5 portions of fruit and veg a day. Personal hygiene is how we look after our bodies. Keeping ourselves clean and tidy makes us feel better about ourselves and also keeps us, and those around us, healthier! Brushing properly removes plaque. Plaque can cause cavities, toothache, gum disease and even our teeth to fall out! Washing our hands with clean, warm water and soap will kill off the germs and keep our hands clean.	Heart Exercise Pumping Active Fruit Vegetables Hygiene Clean Tidy Household Products Labels	Nutrition lessons with PG	Taking Flight: How Wright Brothers Conquered the Skies Whoever heard of a flying bird Cherry Blossom and Paper Planes Kites PSHE Association
Consent My body my business NSPCC - speak out stay safe	R13. to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private R16. about how to respond if physical contact makes them feel uncomfortable or unsafe R17. about knowing there are situations when they should ask for permission and also when their permission should be sought R18. about the importance of not keeping	Who does your body belong to? What should you do if you feel unsafe or worried about something?	It is my body and my choice. What is under your pants is private always. It is very serious if an adult hurts you or unkind to your body.	Serious Problems Scared Help Choice Secret surprise, permission consent contact touch safe unsafe uncomfortable		Twinkl life planning My Body my business Speak out Stay safe planning - NSPCC

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		fults' secrets (only happy						
		rprises that others will						
	find	nd out about eventually)						
	R20	20. what to do if they feel						
	uns	nsafe or worried for						
	the	emselves or others; who						
		ask for help and						
		ocabulary to use when						
		king for help; importance						
		keeping trying until they						
		e heard						
		10. about the people who						
		elp us to stay physically						
	hea	ealthy						
Oracy	Everyone's an expert: What does healthy mea	ean?						
opportunities for								
Autumn Term								
Spring	Ш1	11. about different	What are feeling and	An emotion is a feeling	Feeling	Cooking with PG	Francis Laidler- The	Invisible
Shimg		elings that humans can	emotions?	such as happiness, love,	i ceilig	COOKING WILLIFU	pantomime king from	HIVISIDIC
		-	Cindudia:		Emotion	Nutrition lessons	Bradford	Seeds of friendship
My Country	ext	perience	Haman me seetast .	fear, anger, or hatred,	בוווטנוטוו		DIGUIUIU	seeus or menusnip
My City			How can we control our	which can be caused by		with PG		
		12. how to recognise and	emotions?	the situation that you are	Happiness		Main characters from	All Through the Night
Relationships and	nar	ame different feelings		in or the people you are		Pantomime	Invisible and Seeds of	
Emotions			How do we know when people	with.	Sadness		Friendship	Small City, Big CIty
EIIIOUIOIIS	H1:	13. how feelings can	feel sad or angry?			Playhouse	(race/igrants/refugees)	
	affe	fect people's bodies and		We have six basic	Anger			Beegu
	hov	ow they behave	How to recognise my own	emotions. They		Bradford walk		
		-	emotions and how to deal	include sadness,	Rage			PSHE Association
	H14	14. how to recognise	with them?	happiness, fear, anger,				
		hat others might be		surprise and disgust.	Confusion			
		eling.	How is sharing feeling helping	and and angular				
			me feel better?	How can we share your	Anxious			
	LI1	16. about ways of sharing	me reer better:	feelings with others?	Alixious			
			Harrison Laboration and		A a a .d			
		elings; a range of words	How can I describe my	It's important to listen to	Annoyed			
	to	describe feelings	feelings?	our feelings and to share				
				our feelings with others.	Emotional			
			How can feelings affect	It helps us build stronger				
			people's bodies?	relationships with people	Stressed			
				that we care about if we				
			Who can we share our feelings	share our thoughts and	Content			
			with?	feelings with them, such				
				as "I really like spending	Introvert			
				time with you." We also				
				need to listen to the	Extrovert			
				other person's feelings				
				23 25.0011012011150				
				Poor emotional health				
				can weaken your body's				
				immune system. This				
				makes you more likely to				
				get colds and other				
				infections during				
				emotionally difficult				
				times. Also, when you				
				are feeling stressed,				
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				anxious, or upset, you may not take care of				
				your health as well as				
				you should.				
				you should.				
Consent		Understand and learn the	What does PANTS stand for?	Privates are Private	Penis			NSPCC PANTS planning
PANTS		PANTS rules			Vagina			
		Name body parts and know	What is meant by good touch?	Always remember your	Good touch			Letter to parents
		which parts should be		body belongs to you	Bad touch			
		private	What is meant by bad touch?		Trusted adult			
		Know the difference		No means no	Secrets			
		between appropriate and			Worried			
		inappropriate touch		Talk about secrets that	uncomfortable			
		Understand that they have		upset you				
		the right to say "no" to						
		unwanted touch		Peak up, someone can				
		Start thinking about who		help				
		they trust and who they						
		can ask for help.						
Oracy	Discussion: What is the best way to deal	with stressful situations?						
opportunities for								
spring Term								
Summer	Looking after the environment	L1. about what rules are,	What is our environment?	Environment is	Environment		David Attenborough	
		why they are needed, and		everything which	Money		(Believes and age)	Little Turtle and the
Oh I do Like to be	Where money comes from; how to use	why different rules are	How can we look after our	surrounds us.	Saving			Sea
beside Seaside	money; saving and spending money	needed for different	environment?		Spending			
		situations		We can look after the	Recycle			The Storm Whale
			What are rules?	environment by	Reduce			
Children in the		L2. how people and other	Why do we need to follow	recycling, reusing and	Reuse			The Big Book of The
wider world		living things have different	rules?	reducing waste.	Responsibilities			Blue
Wider World		needs; about the		l	Caring			0 11
		responsibilities of caring for	How can we look after	We can make people	Amount			One World
		them	different people?	aware of what our	Rules Different			Dolphin Boy
		L3. about things they can	What are responsibilities?	responsibilities are.	Needs			рофіні воу
		do to help look after their	what are responsibilities:	Saving means to keep a	Needs			
		environment	What responsibilities do you	certain amount aside.				PSHE Association
		Chivinoninient	have to care for our	certain amount aside.				1 311L A330Clation
			environment?					
			Where does money come					
			from?					
Consent		R13. to recognise that some	What types of things should I	I know what I can share	Secret			Pants Puzzles
Safe secrets and		things are private and the	share with others or keep	and what I should keep	Surprise			
surprises		importance of respecting	private from them?	private to keep myself	Private			The Underwear Rule
34. p. 1363		privacy; that parts of their		and others' safe.	Safe			Activity Sheet
		body covered by	What can I do if I feel unsafe		Unsafe			
		underwear are private	or uncomfortable in a		comfortable			Twinkl life planning –
		R16. about how to respond	situation?		uncomfortable			Safe secrets and
		if physical contact makes			share			surprises
		them feel uncomfortable or			respect			
		unsafe			privacy			
		R18. about the importance			pressure			
		of not keeping adults'			permission			
		secrets (only happy			consent			
					help			

	surprises that others will		
	find out about eventually)		
	R19. basic techniques for		
	resisting pressure to do		
	something they don't want		
	to do and which may make		
	them unsafe		
	R20. what to do if they feel		
	unsafe or worried for		
	themselves or others; who		
	to ask for help and		
	vocabulary to use when		
	asking for help; importance		
	of keeping trying until they		
	are heard		
Oracy	Discussion: What happens when we break rules?	•	·
opportunities for			
summer Term			
Summer remit			

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50 things	British Values & Protective Characteristics	Schemes/Resources/ Texts
Autumn		H1: pupils learn how to	What makes a balanced diet?	There are 5 food groups;	Balanced Diet	Healthy Lifestyles		
		make informed choices	What influences our food	fruits and vegetables,				
What makes a		about health	choices?	proteins, carbohydrates,	Eatwell plate			
balanced diet			What are healthy habits?	dairy and fats.				
		H2: pupils learn about the			Food groups			
		elements of a balanced,		A balanced diet consists				
		healthy lifestyle.		of sufficient food from	Nutrition			
			What are school rules on health	each food group.				
Vooning Safa		H3: pupils learn about the	and safety?		Obesity			
Keeping Safe		choices that support a	What is basic emergency aid?	A risk assessment is a				
		healthy lifestyle, and	Who are the people who help	document that identifies	Tooth decay			
		recognise what might	us stay healthy and safe?	potential hazards and				
		influence these.		how to manage these. It	Traffic light labels			
		1		provides a plan to follow				
		H4: pupils learn how to		if something does go	Risk assessment			
		recognise that habits can		wrong.				
		have both a positive and		ARCalara	Emergency			
		negative effects on a healthy		ABCs are	services			
		lifestyle.		the basic principle of				
		H6: about what constitutes a		first aid when someone is	First Aid			
		healthy diet; how to plan		unresponsive				
		healthy meals; benefits to			CPR			
		health and wellbeing of						
		eating nutritionally ricks			Recovery Position			
		foods; risks associated with						
		not eating a healthy diet						
		not eating a nealthy thet	<u> </u>					

		including obesity and tooth				 	
		decay.					
		H38: how to predict, asses					
		and manage risk in different situations.					
		Situations.					
		H39: about hazards					
		(including fire risks) that may					
		cause harm, injury or risk in the home, and what they					
		can do to reduce risks and					
		keep safe					
		H43:about basic first aid;					
		basic techniques for dealing					
		with common injuries.					
		H44: pupils learn how to respond and react in an					
		emergency situation; how to					
		identify situations that may					
		require the emergency					
		services; know how to contact them and what to					
		say.					
Consent		Recognise different types of	Can people touch me when	I can choose what	Rights		I Have the Right to Say
My body is mine		physical contact; what is	they want to?	happens to my body and	Consent		'No' Worksheet
		acceptable and		how to say no.	reciprocal		
NSPCC – Speak		unacceptable; strategies to respond to unwanted	What are my rights?	I understand my rights	Childline Comfortable		Match the Definition Worksheet
out stay safe		physical contact.	What are other people's rights?	and other peoples'	uncomfortable		Worksheet
		Seeking and giving					Twinkl life planning –
		permission (consent) in different situations.	Do people's rights sometimes overlap?				My body is Mine
		unicient situations.	ονεπαρ:				Speak out Stay Safe
			Is there anyone who can do				assembly and activities
			what they want even if I say 'no'?				
			110 !				
			Who can I ask for help?				
Oracy	Ignite speech: this is what a healthy meal le	ooks like					
opportunities for Autumn term							
Spring		R5: that people who love	How do we live in love?	There are different family	Relationships	Respect and	
\$!0		and care for each other can	How do families treat each	types that exist in		Tolerance	
1		be in a committed	other?	society. Every family is	Families		
How we live in		rolationobia /a a massis == 1		different and			
How we live in love		relationship (e.g. marriage), living together, but may also		different and unique.	Caring		

	R6: that a feature of positive family life is caring relationships; about the different ways in which people care for one another R7: Pupils learn to recognise and respect that there are different types of family structures R8: to recognise other shared characteristics of healthy family life, including commitment, care, spending time together; being there for each other in times of difficulty R13: the importance of seeking support if feeling lonely or excluded R14: that healthy friendships make people feel included; recognise when others may feel lonely or excluded, strategies for how to include them R20: strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others): how to report concerns and get support H22: to recognise that anyone can experience mental ill health: that most difficulties can be resolved with help and support; and that it is important to discuss feelings with a trusted adult H23: about change and loss, including death, and how	What strategies can we use when we disagree with friends? What is the difference between being alone and being lonely?	Your family can provide for you by giving you their time, money or attention. Positive resolution techniques are strategies to resolve a falling out positively.	Love Respect Trust Belonging Friendships Disagreements Positive Resolution Techniques Alone Lonely		
	that it is important to discuss feelings with a trusted adult					

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Consent		Understand and learn the	What does PANTS stand for?	Privates are Private	Penis			NSPCC PANTS planning
PANTS		PANTS rules	NAME to the second by the second to second 2	Alverse remains here.	Vagina			Lattanta mananta
		Name body parts and know	What is meant by good touch?	Always remember your	Good touch			Letter to parents
		which parts should be		body belongs to you	Bad touch			
		private	What is meant by bad touch?	l	Trusted adult			
		Know the difference		No means no	Secrets			
		between appropriate and			Worried			
		inappropriate touch		Talk about secrets that	uncomfortable			
		Understand that they have		upset you				
		the right to say "no" to						
		unwanted touch		Peak up, someone can				
		Start thinking about who		help				
		they trust and who they can						
		ask for help.						
Oracy	Hot seating: advising people what to do in	different friendship scenarios						
opportunities for								
spring term								
Summer		L1: pupils learn to recognise	What are responsibilities, rights	A right is a choice to	Responsibilities	50 things – raise	Rule of Law,	
-3		the rules and laws;	and duties?	make your own opinion	Rights	money for a local	Individual	
Diabte		consequences of not	What are human rights?	and entitlement to things	_	charity	Liberty and	
Rights,		adhering to rules and laws.	What is enterprise?	such as education,	Enterprise		Respect	
Responsibilities		adileting to fales and laws.	How can I develop skills in	religion and freedom of	Budgets		Пеэресс	
and duties		L2: pupils learn to recognise	enterprise?	speech. Responsibilities	Profit			
		there are humans' rights,	enterprise:	are duties or something	Revenue			
		that are there to protect		an individual should do	Expenses			
Developing skills		· '		such as following the law	Market Research			
in Enterprise		everyone.		and rules.	ivial ket kesearch			
		12. about the relationship		and rules.				
		L3: about the relationship		Human rights are the				
		between rights and		Human rights are the				
		responsibilities		basic rights and				
				freedoms that belong to				
		L4: the importance of having		every person in the				
		compassion towards others;		world, from birth until				
		shared responsibilities we		death.				
		have for caring for other		1				
		people and living things;		An enterprise is a				
		how to show care and		business or company.				
		concern for others						
		L18: to recognise that people						
		have different attitudes						
		towards saving and spending						
		money; what influences						
		people's decision; what						
		makes something 'good						
		value for money'						
Consent		R1. Recognise that there are	What makes a good	Remember a VIP should	Friends			Learning Journey
Is this a good		different types of	relationship?	never be asking us to	acquaintances			Record Resource Pack
relationship?		relationships (e.g.		keep a secret that makes	relatives			
relationship:		friendships, family	What can we do if one of our	us feel uncomfortable.	families			Big Questions Poster
		relationships, romantic	relationships is not good?		dares]
		1 -/		I	unhealthy		1	Dares Activity Sheet

		relationships, online	A VIP wants us to be safe	healthy		
		relationships)	and would encourage us	relationship		Is This a Good
		R9. Recognise if family	to talk to someone else if	friendship		Relationship? Scenario
		relationships are making	we didn't.	resolution		Cards
		them feel unhappy or				
		unsafe, and how to seek	It is always ok to talk to			Twinkl life planning – Is
		help or advice	someone if we feel			this a good
		R15. Recognising and	uncomfortable about			relationship?
		managing peer influence and	anything.			
		a desire for peer approval in				
		friendships; to recognise the				
		effect of online actions on				
		others				
		R18. Recognise if a				
		friendship (online or offline)				
		is making them feel unsafe				
		or uncomfortable; how to				
		manage this and ask for				
		support if necessary				
		R22. Privacy and personal				
		boundaries; what is				
		appropriate in friendships				
		and wider relationships				
		(including online);				
		R25. recognise different				
		types of physical contact;				
		what is acceptable and				
		unacceptable; strategies to				
		respond to unwanted				
		physical contact				
		R26. Seeking and giving				
		permission (consent) in				
		different situations				
		R27. Keeping something				
		confidential or secret, when				
		this should or should not be				
		agreed to, and when it is				
		right to break a confidence				
		or share a secret				
Oracy	Discussion: should animals have the same ri		I	l l	l	1
opportunities for		0				
summer term						
summer term						

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50	British Values	Schemes/Resources/
						things	& Protective	Texts
							Characteristics	
Autumn		H9: pupils learn that bacteria	Year 4	A balanced diet consists	Physical health	Meditate - method	Respect and	
		and viruses can affect	What is meant by a healthy	of a variety of different		to promote mental	Tolerance,	
What makes a		health; routines that support	lifestyle?	types of food.	Mental health	health	Individual	
balanced lifestyle		good quality sleep; the					Liberty.	
and making		effects of lack of sleep on						

choices; drugs common to everyday life: hygiene and germs How to keep safe in the local area and on line; people who help them stay healthy and safe.		the body; feelings, behaviour and ability to learn. H25: pupils learn about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes) H27: to recognise their individuality and personal qualities	How to maintain physical, mental and emotional health and wellbeing? What do we mean by hygiene and germs? How do we keep safe in the local area? Which people keep us safe and healthy?	Cleaning processes (e.g., handwashing) remove germs and creates hygiene.	Emotional health Hygiene Germs Safety Local area	Healthy Lifestyles – having a balanced diet		
		H28: to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self worth H41: strategies for keeping safe in the local environment or unfamiliar places and firework safety; safe use of digital devises when out and about						
Consent		about H44: how to react and respond in an emergency situation.; how to identify situations that may require the emergency services; know how to contact them and what to say Recognise different types of	Can people touch me when	I can choose what	Rights			I Have the Right to Say
My Body is mine NSPCC – Speak out stay safe		physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact. Seeking and giving permission (consent) in different situations.	they want to? What are my rights? What are other people's rights? Do people's rights sometimes overlap?	happens to my body and how to say no. I understand my rights and other peoples'	Consent reciprocal Childline Comfortable uncomfortable			'No' Worksheet Match the Definition Worksheet Twinkl life planning – My body is Mine Speak out Stay Safe
Oracy opportunities for Autumn Term	Year 4 discussion: is mental health more im		Is there anyone who can do what they want even if I say 'no'? Who can I ask for help?	We must treat a series	Divoreit		Dogwood on d	assembly and activities
Spring		R32: respecting the similarities and differences between people and	Year 4 A journey in love: How does God loves us in our differences?	We must treat everyone with equal respect despite our social,	Diversity Social differences Physical differences		Respect and Tolerance, Individual Liberty.	

		recognise what they have in	What do we mean by social	emotional, physical and	Spiritual			
		common with others	What do we mean by social, emotional, physical and	spiritual differences.	differences			
		common with others	spiritual differences.	spiritual differences.				
		D22, to liston and respond	spiritual differences.	God loves all human	Spiritual differences			
God loves us in		R33: to listen and respond			differences			
our differences		respectfully to a wide range		beings so we should also				
		of people, including those		love all human beings.				
		whose traditions, beliefs and						
		lifestyle are different to their						
		own						
		R34: how to debate and						
		discuss topical issues,						
		respect other peoples point						
		of view and constructively						
		challenge those they						
		disagree with						
Consent		Understand and learn the	What does PANTS stand for?	Privates are Private	Penis			NSPCC PANTS planning
PANTS		PANTS rules			Vagina			
		Name body parts and know	What is meant by good touch?	Always remember your	Good touch			Letter to parents
		which parts should be		body belongs to you	Bad touch			
		private	What is meant by bad touch?		Trusted adult			
		Know the difference		No means no	Secrets			
		between appropriate and			Worried			
		inappropriate touch		Talk about secrets that	uncomfortable			
		Understand that they have		upset you				
		the right to say "no" to						
		unwanted touch		Peak up, someone can				
		Start thinking about who		help				
		they trust and who they can						
		ask for help.						
Oracy								
I - I	Year 4 discussion: is God still important in t	today's society?						
opportunities for	Year 4 discussion: is God still important in t	today's society?						
I - I	Year 4 discussion: is God still important in t							
opportunities for	Year 4 discussion: is God still important in t	L18: to recognise that people	1	Interest is when the bank	Sustainability	Aspiration –	Individual	
opportunities for spring Term	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes	Sustainability of the	gives you money for	Environment	Aspiration – environmentalist	Individual Liberty	
opportunities for spring Term	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending	Sustainability of the environment across the world.		Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD:	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences	Sustainability of the environment across the world. Role of money	gives you money for saving with them.	Environment	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what	Sustainability of the environment across the world. Role of money Managing money.	gives you money for saving with them. Loan is when a bank	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what	Sustainability of the environment across the world. Role of money Managing money.	gives you money for saving with them. Loan is when a bank	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money'	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money,	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which you must pay back.	Environment Interest Ioan	1 '		
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and	gives you money for saving with them. Loan is when a bank gives you money which	Environment Interest Ioan	1 '		Learning Journey
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by interest and loan Consent	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks associated with money.	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and loan?	gives you money for saving with them. Loan is when a bank gives you money which you must pay back. Remember a VIP should never be asking us to	Environment Interest Ioan	1 '		Learning Journey Record Resource Pack
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by interest and loan Consent Is this a good	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks associated with money. R1. Recognise that there are different types of relationships (e.g.	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and loan?	gives you money for saving with them. Loan is when a bank gives you money which you must pay back. Remember a VIP should never be asking us to keep a secret that makes	Environment Interest Ioan Friends acquaintances relatives	1 '		Record Resource Pack
opportunities for spring Term Summer RETHINK FOOD: Sustainability of the environment across the world Role of money, managing money what is meant by interest and loan Consent	Year 4 discussion: is God still important in t	L18: to recognise that people have different attitudes towards saving and spending money; what influences people's decision; what makes something 'good value for money' L19: that peoples spending decisions can affect others and the environment L21: pupils learn about risks associated with money.	Sustainability of the environment across the world. Role of money Managing money. What is meant by interest and loan?	gives you money for saving with them. Loan is when a bank gives you money which you must pay back. Remember a VIP should never be asking us to	Environment Interest Ioan Friends acquaintances	1 '		

	relationships, romantic	What can we do if one of our		dares		
	relationships, online	relationships is not good?	A VIP wants us to be safe	unhealthy		Dares Activity Sheet
	relationships)	relationships is not good:	and would encourage us	healthy		Dares Activity Sheet
	R9. Recognise if family		to talk to someone else if	relationship		Is This a Good
	relationships are making		we didn't.	friendship		Relationship? Scenario
	them feel unhappy or		we didir t.	resolution		Cards
	unsafe, and how to seek		It is always ok to talk to	resolution		curus
	help or advice		someone if we feel			Twinkl life planning – Is
	R15. Recognising and		uncomfortable about			this a good
	managing peer influence and		anything.			relationship?
	a desire for peer approval in		arry crimig.			relationsing.
	friendships; to recognise the					
	effect of online actions on					
	others					
	R18. Recognise if a					
	friendship (online or offline)					
	is making them feel unsafe					
	or uncomfortable; how to					
	manage this and ask for					
	support if necessary					
	R22. Privacy and personal					
	boundaries; what is					
	appropriate in friendships					
	and wider relationships					
	(including online);					
	R25. recognise different					
	types of physical contact;					
	what is acceptable and					
	unacceptable; strategies to					
	respond to unwanted					
	physical contact					
	R26. Seeking and giving					
	permission (consent) in					
	different situations					
	R27. Keeping something					
	confidential or secret, when					
	this should or should not be					
	agreed to, and when it is					
	right to break a confidence					
	or share a secret					
Oracy Year 4: does money make us happy?					•	
opportunities for						
summer Term						

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50 things	Schemes/Resources/ Texts
Autumn		H15: that mental health,	What is mental health?	It is important to recognise	Mental health		PSHE association
		just like physical health, is		how our bodies can	Physical health		
		part of daily life; the		change due to our	Strategies		

A decomposition of		importance of taking care	Why is montal health as	amations for avample our	Marning signs			
Adventures		importance of taking care	Why is mental health as	emotions, for example our	Warning signs			
Health and well		of mental health	important as physical health?	hearts speed up when we	Struggle			
Being		U16: about stratogies and	What should we do if we	are excited or scared.	Support systems			
		H16: about strategies and behaviours that support	experience poor mental health?	Many mental health				
		mental health	experience poor mental health:	conditions are considered				
		Ineritar nearth	Who can help us when we are	intermittent – the				
		H17: to recognise that	having a bad mental health	symptoms can come and				
		feelings can change over	day?	go throughout your life				
		time and range in intensity		and they can fluctuate in				
		and and range in macracity		severity depending on age,				
		H18: about everyday things		level of stress, and lots of				
		that affect feelings and the		other factors.				
		importance of expressing						
		feelings		Regular routines, healthy				
				eating, exercise and a				
		H19: a varied vocabulary to		good night's sleep is really				
		use when talking about		important to help us				
		feelings; about how to		regulate our emotions.				
		express feelings in		Being out of balance can				
		different ways		affect our mental health				
		1124		and our physical health.				
		H21: to recognise warning						
		signs about mental health and wellbeing and how to						
		seek support for						
		themselves and others						
		themselves and others						
Consent		Check if I am in someone's	How do you know if you are in	Being too close to	Personal space			Speak out Stay Safe
Personal space		personal space by using my	someone's personal space?	someone is called being in	Comfortable			assembly and follow
		arms.		their personal space.	Uncomfortable			up lesson
NSPCC – Speak			How would you feel if you		Anxious			
out stay safe		To know that you may	friend got too close to you?	Sitting to close to someone	1 .			
out stay saic		make someone feel		may make them feel	Body language			
		uncomfortable if I am too		uncomfortable.				
		close						
				Recognise people's body				
				language and facial expressions to know how				
				they are feeling.				
Oracy	Debate: Mental health is more important the	han physical health.		they are reemig.				
opportunities for								
Autumn term								
Spring		R1: to recognise that there	What do positive relationships	Relationships provide us	Relationships	Rethink Food club	Sexual	PSHE association
		are different types of	look like?	with friends and family to	Strategies		orientation	
Beautiful Britain		relationships (e.g.		share our lives with and	Positive			Rethink Food
Relationships		friendships, family	What do negative relationships	people who can help us	Negative		Different types	
		relationships, romantic	look like?	out in tough times.	Mutual respect		of relationships	
Rethink Food		relationships, online			Trust			
(Spring 1)		relationships)	Will relationships stay the same	World Friendship Day is	Wellbeing			
(Shimg T)			throughout the whole of your	celebrated each year on	Reconcile			
		R10: about the importance	life?	30 th July.	Privacy			
		of friendships; strategies			Personal			
		for building positive	Why is it important to consider	In 1997, the United	boundaries			
		friendships; how positive	our personal wellbeing?	Nations named Winnie-	Appropriate			
		friends support wellbeing			Attracted		<u> </u>	

			the Deah the country.	Council outsubsite :	1	 1
	R11: what constitutes a	How can we manage our	the-Pooh as the world's	Sexual orientation		
		relationships?	ambassador of Friendship.	Romantic		
	positive healthy friendship	What is a grant with the last of the	The first same as	Physical contact		
	(e.g. mutual respect, trust,	What is appropriate behaviour	The first same-sex	Consent		
	truthfulness, loyalty,	in different types of	marriage in the UK was on	Permission		
	kindness, generosity,	relationships?	29 th March 2014, after the	Pressure		
	sharing interests and		legislation changed to	Environment		
	experiences, support with	Why is trust important in	allow for same-sex	Protection		
	problems and difficulties);	relationships?	marriage on 13 th March	Reducing		
	that the same principles		2014.	Reusing		
	apply to online friendships	How can we respect others'		Recycling		
	as face-to-face	personal boundaries?	Climate change means the			
	relationships		world is getting warmer. A			
		What is consent and why is it	warmer climate could			
	R16: how friendships can	important?	affect our planet in a			
	change over time, about	·	number of ways including			
	making new friends and	What is mutual respect and why	more rain, changing			
	the benefits of having	do we need it for relationships	seasons, shrinking ice sea			
	different types of friends.	to work well?	and rising sea levels.			
	7,000 01 1101100					
	R17: that friendships have	What are our shared	Small changes in our own			
	ups and downs; strategies	responsibilities for looking after	homes can make a			
	to resolve disputes and	the environment?	difference to climate			
	reconcile differences	the environment:	change. Try switching to			
	positively and safely	How do our everyday choices	energy saving lightbulbs,			
	positively and safety	affect the environment?				
	D22, about missous and	arrect the environment?	walking instead of using			
	R22: about privacy and	Charlet diaman af all mabbish	the car, turning of			
	personal boundaries; what	Should we dispose of all rubbish	electrical items when			
	is appropriate in	in the same place?	you're not using them,			
	friendships and wider		recycling rubbish and			
	relationships (including		reducing your food waste.			
	online)					
	(Rethink food):					
	L5: ways of carrying out					
	shared responsibilities for					
	protecting the					
	environment in school and					
	at home; how everyday					
	choices can affect the					
	environment (e.g.					
	reducing, reusing,					
	recycling; food choices)					
	, 0,,					
Consent	H45. that female genital	Why is looking after our bodies	I know I can make choices	autonomy		Learning Journey
Your body is your	mutilation (FGM) is against	so important?	about what happens to my	consent		Record Resource Pack.
	British law, what to do and		body.	contact		2222222222222
own	whom to tell if they think	What is autonomy and what is	,	appropriate		Sort the Statements
	they or someone they	consent?	I know the difference	unwanted		Jane and Statements
	know might be at risk	Consent:	between wanted and	choice		My Body – My Rights
	_					
	R18. to recognise if a		unwanted contact.	boundaries		Activity Sheet
	friendship (online or			control		D. classes C.
	offline) is making them feel		I know what to do if I am	protect		Business Crossword
	unsafe or uncomfortable;		worried about myself or a	consequences		
	how to manage this and		friend.	rights		Twinkle life planning –
	ask for support if necessary					Your body is your own
	R25. recognise different					

	type	es of physical contact;						Powerpoint – Ruby,
		at is acceptable and						Deana, Bayo and Sibr
		cceptable; strategies to						scenarios only.
		oond to unwanted						scenarios only.
	I	rsical contact						
	1 1 1							
		5. about seeking and						
	-	ng permission (consent)						
	I I	7. about keeping						
		nething confidential or						
		ret, when this should						
		g. a birthday surprise						
		t others will find out						
	I I	out) or should not be						
	I I	eed to, and when it is						
		t to break a confidence						
	1	hare a secret						
Oracy	Ignite speech: This is what a healthy relations	iship looks like.						
opportunities for								
spring term								
Summer	L17:	: About the different	Why do different people use	Diversity means	Choices	Cooking food from	Race	PSHE association
	ways	s people pay for things	money differently?	differences. People may be	Spending	different cultures	Religion/belief	
The Industrial age	and	I the choices people		different in many ways,	decisions		Disability	
Living in the	have	e about this	What is gambling?	including age, ethnicity,	Priorities		·	
				age, disabilities, language,	Needs			
Wider World	L20:	: To recognise that	Why do some people gamble?	culture, appearance or	Wants			
		ple make spending		religion.	Risks			
	1 ' '	isions based on	What are the risks associated		Gambling			
			with money?	When we think negatively	Community			
	wan			about a person simply	Contributions			
			How can money effect people's	because they're different,	Diverse			
	122.		feelings and emotions?	this is called prejudice.	community			
		h money (e.g. money	reemigo and emotions.	ins is called prejudice.	Diversity			
		be won/lost/stolen)	What does it mean to be part of	"In diversity there is	Responsibilities			
			a community?	beauty and there is	Conflicting feelings			
		ney safe.	a community:	strength." – Maya	Fairtrade			
	mon	-	How can you make	Angelou, a famous African-	Human rights			
	122.		contributions to your	American author.	Democracy			
			community?	American author.	Democracy			
		erent ways money can	community:	Part of being British is				
			What is Fairtrade?	_				
		won or lost through hbling-related activities	vviiat is raii li due:	about respecting and valuing each other's				
	1	-	What is diversity?	_				
	I I	I their impact on health,	What is diversity?	differences – the UK is a				
		lbeing and future	M/h. in living in a diverse	multicultural and diverse				
	aspii	irations.	Why is living in a diverse	society.				
			community a good thing?					
		: To identify the ways		People have a direct				
	I I	t money can impact on		impact on the				
	1 1	pple's feeling and		communities they are part				
	emo	otions.		of by the choices they				
				make.				
		about the different						
	-	ups that make up their						
	1	nmunity; what living in						
		community means						

	L7: to value the different					
	contributions that people					
	and groups make to the					
	community					
	L8: about diversity: what means; the benefits of living in a diverse community; about valuing diversity within communities					
Consent	To identify gender	How might these ideas make	Stereotypes can often be	Stereotype		The world around us –
The world around	stereotypes in popular	boys and girls feel about	found in popular media.	Gender		Media pack
us (misogyny)	culture	themselves?		Stereotypical		
			Stereotypes can make	Media		
	To consider how gender	How might these ideas make	people feel pressured to	impact		
	stereotypes might impact someone's feelings and	boys and girls treat each other?	buy certain things.			
	behaviours		Believing in stereotypes			
			can have a harmful impact			
			on boys and girls.			
Oracy	Ignite speech (homework): We are not doing enough to help our plane	t.				
opportunities for						
summer term						

Theme	National Curriculum	Progression in Skills	Key Questions	Key Facts	Key Vocab	Drivers & 50 things	British Values & Protective Characteristics	Schemes/Resources/ Texts
Autumn Health and Wellbeing Images in the media		Year 6 R2: that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or a different sex to them; that gender identity and sexual orientation are different R21: about discrimination: what it means and how to challenge it L10: about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed	what does the term mental health mean? What is a prejudice? What is a drug?	Media is the plural form of medium, describes any channel of communication. Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. Drugs are substances that change a person's mental or physical state.	Prejudice Permission Unacceptable Strategies Uncomfortable stimulant	Healthy Lifestyle	Respect and Tolerance, Individual Liberty	

R25: recognise different	
types of physical contact;	ļ
what is acceptable and	ļ
	ļ
unacceptable; strategies to	ļ
respond to unwanted	ļ
physical contact	ļ
	ļ
R26: about seeking and	ļ
	ļ
giving permission (consent)	ļ
in different situations	ļ
	ļ
R28: how to recognise	ļ
pressure from others to do	ļ
something unsafe or that	ļ
	ļ
makes them feel	ļ
uncomfortable and	ļ
strategies to manage this	ļ
Both (Science – Animals	ļ
Including Humans)	ļ
	ļ
H20: to identify the	ļ
H30: to identify the	ļ
external genitalia and	ļ
internal reproductive	ļ
organs in males and	ļ
females and how the	ļ
process of puberty relates	ļ
to human reproduction	ļ
to numan reproduction	ļ
	ļ
H31: about the emotional	ļ
and physical changes that	ļ
happen when approaching	ļ
and during puberty	ļ
(including menstruation,	ļ
key facts about the	ļ
	ļ
menstrual cycle and	ļ
menstrual wellbeing,	ļ
erections and wet dreams)	ļ
	ļ
H32: about how hygiene	ļ
routines change during the	ļ
time of puberty, the	ļ
importance of keeping	ļ
	ļ
clean and how to maintain	ļ
personal hygiene.	ļ
	ļ
	ļ
H45: that female genital	ļ
mutilation (FGM) is against	ļ
	ļ
British law, what to do and	ļ
whom to tell if they think	ļ
they or someone they	ļ
know might be at risk	ļ
	ļ
H46: about the risks of	ļ
legal drugs common to	ļ
	ļ
everyday life (e.g.	ļ
cigarettes, e-cigarettes,	

	vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break H47: to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others.					
Consent Personal space	Check if I am in someone's personal space by using my arms.	How do you know if you are in someone's personal space?	Being too close to someone is called being in their personal space.	Personal space Comfortable Uncomfortable		Speak out Stay Safe assembly and follow up lesson
NSPCC – Speak out stay safe	To know that you may make someone feel uncomfortable if I am too close	How would you feel if you friend got too close to you?	Sitting to close to someone may make them feel uncomfortable. Recognise people's body language and facial expressions to know how they are feeling.	Anxious Respect Body language		
Oracy opportunities for Autumn Term	Ignite speech: This is what a healthy relationship looks like.					
Spring Relationships /changes	Year 6 L6: about the different groups that make up their community; what living in the community means	What is a relationship? How to relationships change over time?	A relationship is any kind of association or connection between people, whether positive, or negative.	Relationship Community Criminal	Rethink Food	Respect and Tolerance, Individual Liberty
County lines	L7: to value the different contributions that people and groups make to the community L8: about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities Year 6 – Transition H20: strategies to respond to feelings, including intense or conflicting feelings; how to manage and respond to feelings appropriately and proportionately in different situations	What are county lines?	County Lines is where illegal drugs are transported from one area to another, often across police and local authority boundaries Drugs are substances that change a person's mental or physical state.	Jurisdiction cuckoo		

H24: problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools Both (Science – Animals Including Humans) H30: to identify the external genitalia and internal reproductive organs in males		
and females and how the process of puberty relates to human reproduction		
H31: about the emotional and physical changes that happen when approaching and during puberty (including menstruation, key facts about		
the menstrual cycle and menstrual wellbeing, erections and wet dreams)		
H32: about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene		
H45: that female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know		
might be at risk H46: about the risks of legal drugs common to everyday life (e.g. cigarettes, e- cigarettes, vaping, alcohol		
and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break		
H47: to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others.		

Canacant		LIAE that famala ganital	Why is looking after our bodies	I know I can make choices	Lautanamu	1	Loorning Journay
Consent		H45. that female genital	, -		autonomy		Learning Journey
Your body your		mutilation (FGM) is against	so important?	about what happens to	consent		Record Resource Pack.
my own		British law, what to do and		my body.	contact		
		whom to tell if they think	What is autonomy and what is		appropriate		Sort the Statements
		they or someone they know	consent?	I know the difference	unwanted		
		might be at risk		between wanted and	choice		My Body – My Rights
		R18. to recognise if a		unwanted contact.	boundaries		Activity Sheet
		friendship (online or offline) is			control		
		making them feel unsafe or		I know what to do if I am	protect		Business Crossword
		uncomfortable; how to		worried about myself or a	consequences		
		manage this and ask for		friend.	rights		Twinkle life planning –
		support if necessary			FGM		Your body is your own
		R25. recognise different types					, ,
		of physical contact; what is					Powerpoint – Rebecca,
		acceptable and unacceptable;					Soam and Astur
		strategies to respond to					scenarios only
		unwanted physical contact					Section 03 only
		R26. about seeking and giving					
		permission (consent) in					
		different situations					
		R27. about keeping					
		something confidential or					
		secret, when this should (e.g.					
		a birthday surprise that					
		others will find out about) or					
		should not be agreed to, and					
		when it is right to break a					
		confidence or share a secret					
Oracy	Debate: Mental health is more important	than physical health.				·	
opportunities for	-						
spring Term							
Summer		I	What makes a community?	There are 1,669,000	Community	Respect and	
Summer		Voor 6	what makes a community:		Community	• • • • • • • • • • • • • • • • • • • •	
		Year 6		(approx.) children	Carafii at	Tolerance,	
Living in the wider			How can you resolve conflict?	currently at secondary	Conflict	Individual	
world		that make up their		school in the UK at the		Liberty	
		community; what living in the		moment.	Proportionally		
		community means					
					Transition		
		L7: to value the different					
		contributions that people and					
		groups make to the					
		community					
		L8: about diversity: what it					
		means; the benefits of living					
		in a diverse community;					
		about valuing diversity within					
		communities					
i							
		Year 6 – Transition					
		Year 6 – Transition H20: strategies to respond to					
		H20: strategies to respond to					
		H20: strategies to respond to feelings, including intense or					
		H20: strategies to respond to feelings, including intense or conflicting feelings; how to					
		H20: strategies to respond to feelings, including intense or					

		proportionately in different situations H24: problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools					
Consent Stopping Sexism		Understand the concept of sexism and explore examples. Explore positive actions that can be taken against sexism.	What is sexism? What can we do to eliminate sexism? How does sexism impact on everyone?	Sexism is when someone is treated badly or unfairly because they are a boy or a girl. Sexism can have a harmful impact on someone's emotions. There are things we can do together to eliminate sexism.	Positive campaigning Sexism Sexual harassment Stereotypes eliminate		Stopping sexism lesson plan and worksheet
Oracy opportunities for summer Term	Ignite speech (homework): We are not doi	ing enough to help our planet.	I	, sexisiii	I		